

South Dakota Retired School Personnel

<u>IEWSLETTER</u>

Affiliated with National
Retired Teachers Association

"To Serve, Not To Be Served"

www.SDRSP.org

March 2019, Vol. 52 , No. 1

Convention Speakers

Did you have a high school teacher or coach that inspired you? We will be coached on the meaning of "Team" from two of the outstanding coaches in South Dakota at the convention. Just in case you are pretty new to this organization, Lily Liu spoke at the 2012 convention and has new information to share.

Roger Trennepohl is a native of Julesburg, Colorado. He grew up in a coaching family. Roger played basketball for Chadron State. Trennepohl graduated from Chadron State in 1990 with a bachelor of science degree in education, as well as endorsements in history, physical education and coaching.

Trennepohl also has 15 years coaching experience in football as an assistant high school football coach. His team made it to four out of five state football playoffs. As a basketball coach, Trennepohl started at Trinity Fellowship Christian School in Amarillo, Texas. He is assistant basketball coach for SDSMT. -SDSMT BB

Ginger Larsen was the first head coach in Yankton Gazelles volleybal. Ginger Larsen led the Yankton High School volleyball program since its beginning in 1991.

Larsen's Gazelles teams earned six top-four finishes in the SD State Class AA Tournament. The Gazelles won Eastern South Dakota Conference titles in 1997 and 1998.

"The team came a long way. They went from nothing — just learning how to pass in that old middle school gym — to playing for two state championships," Larsen said. "The program went from infancy to adulthood because of a lot of hard work from coaches all the way through the system and a lot of good athletes."

During her tenure, Larsen saw the growth of volleyball in the state and the growing knowledge of those watching it, reports the Yankton Press

In 2012, Lily Liu had said that South Dakota Retired Teachers convention would rock, and rock it did. Lily Liu of Washington, DC, merged South Dakota and national information to tell the history of National Retired Teachers Association and AARP. Her session will be entitiled, "Family Caregiver's Journey: Prepare to Care." -SDRSP news

A large group of South Dakota Retired School Personnel and AARP members gathered in Pierre with Governor Noem and others during the legislative session.





<u>augh A Little:</u>

A Laugh Is the Best Medicine

By Joanna Jones

Laugh a little each day, it's better than chicken soup. At least that's what the chickens say. When I read this humor statement while researching about laughter for this article, I remembered a billboard and cows...

Have you seen any of the billboards with two cows trying to help each other write the sign? "Eat mor chikin;" it's a Chick-fil-A advertisement that usually makes me laugh for at least five miles. I checked with my husband to see if he remembered the sign. When he said, "No," I thought I'd split a side with laughter. How could anyone miss two cow statues writing on a billboard sign? But I, too, have missed an item or two he wanted me to see.

As you continue to laugh about the cows, I wanted you to know that the benefits of laughter have been well researched. Dr. Lee Berk and Dr. Stanley Tan at the Loma Linda University in California found amazing results. Laughter lowers blood pressure, reduces stress levels, improves cardiac health, boosts the immune system, and releases endorphins, the body's natural painkiller. No wonder, people who have a positive outlook on life tend to fight diseases better.

At this point in my research, I wondered if AARP had anything to say about laughter. They have been extolling the value of laughter for over a decade! I obviously have overlooked things. AARP cited that "Psychiatrists, family therapists, social workers and an increasing number of 'certified laughter therapists' or 'laughter leaders' prescribe jokes, reading funny books, watching comic movies—or anything that evokes gut-splitting squeals for the purpose

of feeling better. Clips from classic TV sitcoms like I Love Lucy, The Carol Burnett Show, or Saturday Night Live work well." AARP has even produced a series called "Dinner with Don," unscripted conversations with Don Rickles.

The study of laughter as a science is called gelotology – from the Greek gelos, meaning laughter. For such good medicine, you don't even have to pay for it; it's already installed in your body. Laughter can be authentic as a response to a joke or simulation, started from a simple ho, ho, ho, ha, ha, ha. A Georgia State University study reported that incorporating bouts of simulated laughter into an exercise program helped improve older adults' mental health as well as their aerobic endurance.

But for those economy enhancers, there are laugh clubs to join, as well as national and international laugh yoga groups. Laughter Yoga instructor Karen McPherson suggested that Laughter Yoga is an ideal exercise for the elderly, as it allows them to achieve sustained hearty laughter without involving cognitive thought. It helps to cultivate a positive attitude through laughter exercises combined with deep breathing techniques from yoga.

Your ability to laugh, play, and have fun not only makes life more enjoyable but also helps you solve problems, connect with others, and think more creatively. Incorporating humor and fun into your daily life renews yourself and your relationships.

One of my mentors from my local retired school personnel unit has said that some of her best memories were those when attending the yearly state conventions. "A group of us went together and we had fun!" I had to agree with her comment. A part of aging well is feeling connected with others. The state convention is a time to visit with friends, share stories, and laugh.

We should all be laughing more in our daily lives. Research shows that as we age, we laugh less. So until convention, grab the Sunday funnies and enjoy your laughter medicine!



Memorials towards Scholarships.

Memorials may be submitted to our treasurer, Pat Johnson at sdpjohnson@mac.com.

Winner ARTA donation to the Scholarship fund
Madison ARSP donation to the Scholarship fund
Shirley Eisnach memorial for Margaret Ruckdaschel
Pat Johnson memorial for Margaret Ruckdaschel
Shirley Eisnach memorial for Bob Parliaman
Watertown ARSP memorial for Geri Mahler

Dear Friends.

It is with regret that I report the death of Margaret Ruckdaschel, wife of Past President Jay Ruckdaschel. She passed away February 13th after a long battle with cancer. The funeral was March 2nd. They had moved to the Minneapolis area to be closer to family.

They were longtime SDRSP members. Jay's e-mail is: jruckdaschel@cloud.com
Nancy May



PRESIDENT Ron Riherd

(605)484-6942

rriherd@netscape.net 3945 Corral Drive Rapid City, SD 57702

PRESIDENT ELECT Rhonda Preller

(605)438-4388 rrprel@aol.com 605 Fairview St. Milbank, SD 57252

PAST PRESIDENT Bill Zubke

(605)886-8637 bzubke@hotmail.com 417 N Broadway Watertown, SD 57201

VICE-PRESIDENT Kay Ainslie

(605)859-2670 kainslie@gwtc.net Box 182 441-2449 cell Philip, SD 57567

SECRETARY Amy Ramsey

(605)216-0652 ramseya@abe.midco.net 1303 S. Main Aberdeen, SD 57401

TREASURER Patricia Johnson

(605) 886-8756 sdpjohnson@mac.com 1226 E. Kemp Ave Watertown, SD 57201

MEMBERSHIP Bill & Cathy Zubke

(605)886-8637

Cathy - calz45@hotmail.com Bill – ezbzspeak@hotmail.com 417 N Broadway Watertown, SD 57201

COMMUNITY/HEALTH SERVICES Joanna Jones

(605) 450-0121 10559 West Highway 14 Spearfish, SD 57783 joanna_jones@yahoo.com

PUBLICITY/NEWSLETTER Paula Brakke

(605) 949-1054 pabrakke@yahoo.com 47604 150th St. Milbank, SD 57252

LEGISLATION Henry "Hank" Kosters

(605)224-1825 hank.g.kosters@gmail.com 326 S. Jackson Pierre, SD 57501

EXECUTIVE DIRECTOR Nancy May

(605)718-0666 nancymay@rushmore.com 255 Texas St. Apt. 225 Rapid City, SD 57702

A Message from the President:

GO—TEAM--GO!!

Greetings from the office of the President. (No, not that President!) I need to send a few reminders out to you. First the weather will change! Maybe not for a while, but it will change and with that idea I hope your thoughts go to the SDRSP State Convention May 7 and 8. You may register online at SDRSP.org. You will find the form in the pull down menu bar under MORE. Now scroll down to the online registration to fill out the form. Click submit and you are registered.

However, you are not done. Now you need to find your total bill and write a check to SDRSP and send it to Shirley Eisnach using the address shown. Next call the Ramkota in Pierre if you need a room. The room reservation needs to be completed by April 6 and the early convention registrations need to be completed by April 26. I know that sounds complicated but it is not!

Next please encourage teachers you know to apply for one of our scholarships. Those forms are also on the website. (Thank you Bill Z.) If needed contact your local school and see if you can put the info in a weekly school update. These need be submitted by April 5.

I realize this is probably asking for your involvement, but that's what we do. We stay involved.

Stay tuned to the website as Bill updates info sent to him. Remember to register and I sincerely hope to see you in Pierre.

GO—TEAM—GO!! Ron Riherd President SDRSP



Photo from Lobby Day, January 29, 2019.

Left to Right: Ron Riherd, SDRSP President; Jacque Sly, BHRSP President; Nancy May, SDRSP Executive Director; Erik Gaikowski, AARP South Dakota State Director

Newsletter printed by Borns Group 1610 14th Ave. SE, Watertown, SD 57201 ● 605-882-3365



While the entire team could not attend Lobby Day, January 29th, because of weather, lunch with the legislators was good and we hope they and the Governor remember our issue requests. Many thanks to AARP for sponsoring Lobby Day.

GO-TEAM-GO

Please reserve May 7th and 8th for our annual South Dakota Retired School Personnel Convention in Pierre. Registration and agenda information is provided in the Newsletter. The pre-convention bus tour of the Trail of Governors was organized by Shirley Eisnach. While the tour guide will have brochures available, if you wish to review information about the Governors prior to the tour, go to www.trailofgovernors.com to obtain more information.

Continue to reach out to your retired friends and invite them to join your unit to socialize and learn about retirement issues. We always want to be informed about our retirement system. South Dakota is very fortunate to have a fully funded system, something many states do not have.

Congratulations to Rob Wylie, Executive Director of the SD Retirement System, on his retirement next December. He has been a valued retirement executive.

Stay warm as you prepare for spring weather and our convention in May. Looking forward to seeing you in Pierre.

Nancy May, Executive Director SD Retired School Personnel



FREE FRAUD SEMINARS

Dive deep into identity theft ploys and protections with the AARP Fraud Watch Network. *Registration is required as lunch will be served.* Events fill quickly so early registration is suggested. Visit aarp.org/SD or call 1-877-926-8300 to register.

Rapid City: Tuesday, April 23,12 p.m. -1 p.m. Holiday Inn Rapid City - Rushmore Plaza

Pierre: Thursday, April 25,12 p.m. -1 p.m. Richie Z's Brickhouse and BBQ

Watertown: Friday, April 26, 12 p.m. - 1 p.m.

Watertown Public Library

Sioux Falls: Thursday, April 25, 12 p.m. -1 p.m. Holiday Inn City Centre

Aberdeen: Monday, April 29, 12:00 p.m. -1 p.m. Dakota Event Center

When it comes to fraud, vigilance is our number one weapon. You can join the Fraud Watch Network and receive alerts about frauds and scams targeting South Dakotans. Any one can join for free by visiting aarp.org/fraudwatchnetwork or to receive Fraud Watch Network alerts by phone, call 1-866-542-8172.

Lindsey Holmquest | AARP South Dakota Associate State Director -Community Outreach 5101 S Nevada Ave | Suite 150 | Sioux Falls SD 57108 Office: 605.362.3044 | Cell: 605.214.8751 | Iholmquest@aarp.org | sdaarp@aarp.org | www.aarp.org/sd

South Dakota

Every two seconds, someone's identity is stolen. Helping South Dakotans fight back against fraud is a priority for *AARP* **South Dakota** and that's why this month we are hosting the third annual **Operation: Stop Scams Tour.** As tax season comes to a close, join AARP volunteers at free fraud seminars and shredding events in communities across South Dakota.

FREE DRIVE THRU SHREDDING SERVICES

These events are free and open to the public. Registration and/or AARP membership is not required to attend. Please bring items in plastic bags, not cardboard boxes, to ensure quick and secure shredding.

Sioux Falls: Monday, April 22, 4 p.m. - 6 p.m. Sioux Empire Mall Parking Lot (east side, near JCPenney) 5000 W Empire Mall, Sioux Falls, SD Canned food donations will be also be collected for Feeding South Dakota.

Your generosity is appreciated but not required.

Rapid City: Tuesday, April 23, 4 p.m. - 6 p.m. Rushmore Mall Parking Lot (west side, near JCPenney) 2200 N Maple Ave, Rapid City, SD Canned food donations will be also be collected for Feeding South Dakota.

Your generosity is appreciated but not required.

Pierre: Thursday, April 25 11 a.m. - 1 p.m.
Richie Z's BBQ Parking Lot
401 S Central Ave, Pierre, SD
Canned food donations will be also be collected for Feeding South Dakota.
Your generosity is appreciated but not required.

Watertown: Friday, April 26, 11 a.m. – 1 p.m. Watertown Police Department Parking Lot 128 N Maple Ave, Watertown, SD

Aberdeen: Monday, April 29, 11 a.m. - 1 p.m. Dakota Event Center Parking Lot 720 Lamont Street S, Aberdeen, SD 57401 Cleaning supplies and paper products will also be collected to support The Journey Home. Your generosity is appreciated but not required.

To avoid having your sensitive information compromised, security experts recommend shredding the following types of materials:

- Old documents: Papers that carry your Social Security number, birth date, signature, account numbers, passwords or PINs.
- Banking: Canceled or unused checks.
 Shred deposit slips and ATM and credit card receipts, once you receive your monthly statements.
- Credit Cards: Preapproved credit card applications and incentive/gift checks from credit card companies.
- Medical: unneeded medical bills.
- Investments: Investment account statements.
- Obsolete ID cards: Expired driver's licenses, medical insurance cards, and passports.

For those consumers who use a home shredder, experts also recommend the use of a micro-cut model. Tests have shown that the scraps of paper from a straight or cross-cut shredder can be reassembled by identity thieves. With a micro-cut shredder, the paper is cut into impossible-to-reassemble debris. **Attendees at each event will be given the opportunity to enter to win a micro-cut shredder.**



Unit News:

Aberdeen

Submitted By: Betty Beyer, acting president, and past president of the state

Our Aberdeen Retired School Personnel meets every two months. Everyone is so busy, many members go south and this year, I envy them! We have had various programs. One was a beautiful program, presented by a PTA member, Betty Ochsner. They went to Australia and New Zealand.

We meet at lunch time at the Flame, a popular restaurant in Aberdeen. We did get 5th grade students from three schools to write grandparent essays. We always have a door prize and we love to tell jokes. We have a good time. Our next meeting is in April.

Black Hills (BHRSP)

Submitted By: Jacque Sly

Black Hills Retired School Personnel (BHRSP) continues to provide programs working to meet the interests of our members.

January's meeting focused on Black Hills History. Dave Strain, a local author, shared his rich knowledge of the area. He has spent a lifetime capturing the history of this region.

February's meeting included Kristi Thielen speaking on the wives of the men on Mount Rushmore.

Members look forward to the theme of Cultures Come Alive in Rapid City for the March meeting. There are people of many backgrounds who live in this area.

In April BHRSP will focus on gardening with Cathie Draine and Master Gardeners sharing tips for indoor/out-door/herb gardening.

May is the time BHRSP honors the Grandparent Essay winner. We also have a memorial service for members who have passed during the year.

A small group of members will be traveling to Ecuador this summer, visiting the homeland of one of our members. BHRSP continues to have projects for members to be involved in. The Keystone School project in the spring, provisions and financial contributions to help the homeless and school supplies for the neediest students are some of the ways to reach out in the community.

Visit our website at bhrsp.weebly.com.

Watertown

Submitted By: Denise Ottenbacher

Our Watertown Area Retired School Personnel group has been busy having fun and learning this year. We celebrated Valentine's Day with wine, cheese and bz'a fudge at the Redlin Arts Center. (See picture) Many thanks to AARP for sponsoring the wine and cheese! Dr. Clark Likness will present "Five Wishes," a program about end of life planning. Future programs also include a presentation about CAA (Customized Arrow Academy), a high school academic program which allows students to move at a self-driven pace while completing course requirements and a musical program presented by Watertown Middle School students. In June, our members will take a field trip to the Abbey of the Hills for a tour and luncheon.





Milbank Area

By Rhonda Preller

The Milbank Area Retired Teachers Association (MARTA) has been busy the last several months. In the fall, they had the opportunity to hear Roger and Pastor Melanie Reiners speak about their mission work with eye care to Sierra Leone in Africa.

In October, the group had a "MARTA Talent" presentation. It was amazing to hear and see that we have painters, artists, quilters, crafters, jewelry makers, photographers, and musicians, just to name a few that are in our group.

November found MARTA members bringing their favorite or a silly hat and share with the unit. December's Christmas Party had a theme of "A Mexican Christmas." A game straight from Mexico was played, "Loteria", which is Mexican Bingo. A gift exchange and Mexican food was also enjoyed.

Representatives from the local Orphan Grain Train spoke at our January meeting. It was interesting to find out that besides packaging Mercy Meals, they also send clothes, coats, bikes, and make sleeping mats and toiletry kits for many different needy countries.

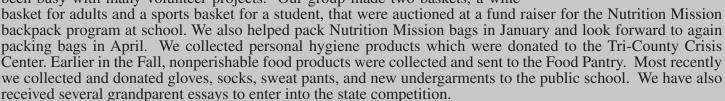
In February, MARTA held a "Mini-Quarter Auction" fundraiser. There were 16 baskets to bid on as well as gift certificates from local restaurants. Everyone had a fun time and think we should definitely do it again!

Besides speakers and fun activities, MARTA does get involved with service projects. We donate to the local Food Pantry, collect school supplies for kids, participate in Treat Street on Halloween, give goodies to all the school employees during American Education Week and sponsor a couple of children from the Angel Tree in Milbank.

Redfield

Submitted By: Marlene Eimers

It has been a cold, snowy winter but the Redfield Retired School Personnel have been busy with many volunteer projects. Our group made two baskets, a wine



We were entertained by Jerry Hansen's informative talk on the progression of the different public schools in Redfield.

Recently Cheri Lunstrum, RHS choir director, talked to our group about the trip the RHS chorus took to Hawaii where they performed for the 75th Anniversary of the bombing of Pearl Harbor.

Our members are all busy throughout the community preparing tray favors for the hospital, nursing homes and assisted living, helping at their church, volunteering in the classrooms on church boards, library board, at the Good Samaritan and Food Pantry, supervising children, and much more.

As we look forward to spring and warmer weather, we are making plans for our area Spelling Bee which will be held April 24th. We are also working on ways we can grow our membership numbers. One idea is to have a traveling meeting and visit a renovated one-room rural school house in a nearby community.





Sioux Falls - Fall 2018

Submitted By: Sharon Dierks, Co 1st Vice – President

The Sioux Falls Retired School Personnel started the year back in August with a Multi-Cultural Center presentation by Christy Nicolaisen. Our theme for the year is "Teamwork". Each month, people are encouraged to wear a shirt to go along with their favorite sports team: college, high school, church, etc. In September, we welcomed the Sioux Falls School District's Superintendent, Dr. Brian Maher. Dr. Maher updated us on what is going on in the district and answered our questions. Our October meeting had a special overview of the Parks and Recreation Department in Sioux Falls by Don Kearney. We learned a lot about what is coming up in the future for our parks and recreational areas. The Children's Home Society was our program for November. We learned what is happening at the Home and that this was their 125th year celebration. A Christmas Music program was presented by some Sioux Falls students in December.

We continue to do many service projects in the area. We made and took treats for the 9-11 Day of Remembrance for our local Firefighters, Police Officers, Highway Patrol, and National Guard to thank them for their service. We provide a meal for the Ronald McDonald House a couple times a year. We help serve a meal for the Bishop Dudley Hospitality House each month and the St. Francis House for the homeless. The "Hoodies and Footies" is a donation we gave of hooded sweatshirts and socks plus hats and gloves to the Banquet and the Bishop Dudley Homeless Shelter. The Veterans group that meets at Active Generations is provided with treats for their meeting each month. We collected items for the Banquet Children's Christmas Shopping event and 2019 calendars for the guests at the Banquet. Volunteers worked for the Salvation Army Bell Ringing at a local Lewis Drug store. We have collected cards all year to include in a special Christmas gift bag for the Meals – on – Wheels program in Sioux Falls. Our group donates many items each month for various groups in the area.

Sioux Falls - Spring 2019

The Sioux Falls Area Retired School Personnel continues to be very involved in the community. We collect for various organizations – calendars, toiletries, and containers for the Banquet, empty toilet holders for the zoo, and various cards for the Meals on Wheels program in December. We continue to work with the Community Presence group. Some of our projects include serving at the Bishop Dudley Hospitality House, St. Frances House, treats for Vets, meals for the Ronald McDonald House, Fraud Watch presentations, the Lunch is Served program and working at Free Friday Coffees.

In January, we had our new mayor, Paul TenHaken at our meeting to tell us what he has been doing and what he has planned for the future of Sioux Falls. SF Police Department Officer Brady Lieuwen came in February to talk about what is happening in Sioux Falls. We will have an update of the SD Retirement System in March, and in April, Jeff Gould will present "The Bell Lap". In May, we will have a program on Weather Preparedness and Safety by Phil Schumacher. We end our year with Installation of Officers and a Memorial/Remembrance Service. We are looking forward to the state convention in May.

The Convention GO-TEAM-GO

Tentative Program for SDRSP 5/6 & 5/7 & 5/8

| 5/6 | Scouting Report: | 7:30 pm Annual Board Meeting |
|-----|------------------|------------------------------|
| 5/7 | Tuesday Morning | PREGAME WARMUP |

Registration Opens 8:00

Pre-convention Tour: Governor's Statues 8:45

Tuesday Afternoon TIP OFF

1:00 First General Session

> Call to Order Pledge to Flag Welcomes

Roll Call (Identify an important team, player, actor, leader, etc.

from your area)

Presentations

| 1:50 | Roger Trennepohl | Motivation |
|------|------------------|---------------------------------------|
| 2:20 | First Time Out | Coffee/Water/Cookies/Rice Krispy Bars |

Ginger Larsen/Yankton Retired Teacher and Coach 2:50

(History of Girls' Sports)

Family Caregiver's Journey: Prepare to Care 3:30 Lily Liu

END OF FIRST QUARTER

SECOND QUARTER

6:00 Social Hour and Music

6:45 Prayer Dinner

> Scholarship Winners Presentation of Awards

> > Leadership

President's Award

Speaker: Lily Liu SDRTA/NRTA/AARP: Family Caregiver's Journey:

Prepare to Care

Entertainment

End of Second Quarter

Wednesday Morning

THIRD QUARTER

| 7:00 | Continental Breakfast | |
|------|--|--|
| 7:30 | Unit representatives meet with the Board | |
| 9:00 | Memorial Service | |
| 9:20 | Third General Session Business Meeting | |
| | Call to Order | |
| | Officers' Report | |
| | Board Reports | |
| | Scholarship Winners Florence Krieger | |
| | Old Business | |
| | New Business | |
| | Adjourn | |
| | Find of Third Owent | |

End of Third Quarter

FOURTH QUARTER

| 10:00 | AARP MESSAGE: | Eric Gaikowski | |
|-------|---------------------------|----------------------------|--|
| 10:30 | Second Time Out | Coffee/Water/Caramel Rolls | |
| 11:00 | SDRS Address: | Todd Almond. | |
| | | Rob Wylie Recognition. | |
| 12:00 | Lunch | | |
| | GRANDPARENT ESSAY WINNER! | | |
| | Awards | | |
| | Closing Remarks | | |

End of the game!! All sides shake hands and wish each other good health and safe travels.

End of Fourth Quarter!

SDRSP Convention Registration Form

May 7-8, 2019 Ramkota Hotel 920 West Sioux Ave, Pierre, SD **GO-TEAM-GO**

Deadline for Rooms-April 6, 2019

Call and reserve your rooms at Ramkota Hotel 605-224-6877

Deadline for Registration-April 26

Send this form and a check payable to SDRSP. Mail to: Shirley Eisnach 1907 Brighton Court Pierre, SD 57501

Ask for a room with SDRSP \$100.00 (plus tax)

| NAME: | UNIT | | | | |
|---|--------------------------|--|--|--|--|
| ADDRESS | CITY, STATE,ZIP | | | | |
| PHONE | _EMAIL | | | | |
| Name of spouse attending convention | | | | | |
| A. Complete convention registration: (Includes all sessions, dinner, break | | | | | |
| 3. Registration by Individual Event: Registration Fee: \$15 (May attend all sessions - | Numberx\$15 no meals) | | | | |
| C. Dinner @ \$25.00 | Numberx\$25 | | | | |
| D. Lunch @ \$20.00 | Numberx\$20 | | | | |
| Dinner Choice - Please select one of the following options: | | | | | |
| Roast Turkey | Roast Sirloin | | | | |
| Convention Tour: Bus tour of the Trail of Governors Tour: May 7, 10:00 AM \$10 per person. Numberx\$10 Total Fees | | | | | |
| | | | | | |



Cathy Zubke, Membership Chair 417 North Broadway Watertown, SD 57201

Check Membership Addresses!

It is important for all unit officers to check with each member for their correct address.

Not having a correct address costs the organization a great deal of money.

Send all address changes, as well as names and dates of deaths, to

Bill and Cathy Zubke, 417 North Broadway, Watertown, SD 57201

Phone: 605-886-8637 • Email address: calz45@hotmail.com

SDRSP.org



Unit Presidents, Addresses, Phone Numbers & Email Addresses

ABERDEEN

Betty Beyer 1508 Northwiew Ln. Aberdeen, SD 57401 605-725-5510 or 290-0215

Ron Johnson 1710 Royal Rd. Aberdeen, SD 57401 605-225-7968 ronjohnson15@abe.midco.net

BLACK HILLS

Jacque Sly 22560 Potter Rd. Rapid City, SD 57702 605-343-4956 Jsly@q.com

BROOKINGS

Nancy Fixen 20619 469th Ave. Brookings, SD 57006-1309 605-693-4075 nfixen@itctel.com

HURON AREA

Karen Mueller 353 McClellan Dr. Huron, SD 57350 605-352-2129 karenmueller@hur.midco.net

MADISON

Co-Presidents Barb Hyland 302 S. 6th Baltic, SD 57003 605-529-5654 hylandb@alliancecom.net

Rita Brown P.O. Box 217 Chester, SD 57016-0217 brownr@ictel.com

MILBANK AREA

Rhonda Preller 605 Fairview St. Milbank, SD 57252 605-438-4388 rrprel@aol.com

MITCHELL AREA

no contact at this time

NORTHERN HILLS

Co-Presidents Julie Walkins 3120 Hillsview Rd. Spearfish, SD 57783 605-642-2454 walkinsfam@rushmore.com

Connie Hyde 2322 Windmill Dr. Spearfish, SD 57783 605-722-3191 chyde39@gmail.com

OAHE (MOBRIDGE)

Fay Jackman 1925 W Grand Crossing Mobridge, SD 57601 605-850-8421 fay.jackman@gmail.com

PHILIP AREA

Mike West P.O. Box 430 Philip, SD 57567 605-859-2213 cmmmwest@gwtc.net

PIERRE AREA

Co-Presidents Lu Heibel 1120 E Park St. Pierre, SD 57501 605-224-2834 vennieh@pie.midco.net

Mary Jo Johnson

REDFIELD AREA

Co-Presidents Deann Zens 37192 167th St. Zell, SD 57469 605-460-2087 rdzens@nrctv.net Marlene Eimers 1517 E Second St. Redfield, SD 57469 605-450-7603 eimers@centurylink.net

SIOUX FALLS

Cathy Anderson 925 S. 4th Ave. Sioux Falls, SD 57104 605-338-7053 cander451@msn.com

SISSETON

Co-Presidents Linda Loberg 10372 462nd Ave. New Effington, SD 57255 605-742-4625 nloberg@tnies.com

Liz Ebert 610 4th Ave. E Sisseton, SD 57262 605-212-3197 lizdonovanebert@gmail.com

SOUTHEAST AREA (VERMILLION)

Sharon Donahoe 215 Anderson Vermillion, SD 47069 605-658-0319 sdonahoe@midco.net

WATERTOWN

Co-Presidents Denise Ottenbacher 1103 6th Ave. NE Watertown, SD 57201 605-882-2295 denise8087@gmail.com

Pam Raeder 1401 6th Ave. NE Watertown, SD 57201 605-881-1542 praeder@hotmail.com

WINNER AREA

Co-Presidents
Jan Ringstmeyer
27968 318th Ave.
Winner, SD 57580
rjringstmeyer@goldenwest.net
605-842-5537

Shelly Sharp 30258 32nd St. Winner, SD 57580 605-557-3509 sharpks@gwtc.net

YANKTON AREA

David and Donna Fischer 2209 Burleigh, Apt 109 Yankton, SD 57058 605-661-2616 ddfisch@vyn.midco.net